



1. Equipment introduction



- ① speaker
- ② Screen
- ③ button
- ④ mic
- ⑤ SIM
- ⑥ Heart rate sensor
- ⑦ Charge temperature sensor

name: Health bracelet
 model: ST2
 system: Android compatible IOS
 Screen : 1.0inch TFT 128*96
 battery: 680mAh
 SIZE: 55X31X14.8mm

Key Function

Turn on: Long press the main button to turn on.
 Shutdown: Press the main button to turn off the interface in the power on state, and long press the main button to confirm the shutdown.
 SOS: Long press the main button to call for help, SOS phone numbers are dialed in order.
 Heart rate / blood pressure: Press the main key once to enter the heart rate / blood pressure function.
 Microchat: Press the main key twice to enter the microchat interface after booting.
 Dialing: Press the main key twice to enter the phone book after booting, and then press the main key Find the contact, and then long press the main button to make the call.



(Automatically return to the main screen time interface after the screen is turned off in standby)

2. SIM card installation / charging warning

Note for SIM card installation:
 the SIM card must be installed when it is turned off.
 Bracelet adaptation: nano SIM card



Common problem:

1. the display time of the bracelet is inconsistent with the current time. Check whether the signal is normal and whether the SIM card has traffic.
2. this device supports 4G all Netcom: It is recommended to enable the high-definition call volt function.

Charging mode:

If the magnetic attraction matches the positive and negative electrodes, they will be directly connected.

Warm tips:

Do not use the fast charging power adapter. The battery is easy to be damaged.



3. Watch interface

The watch in turn displays the time interface, heart rate / blood pressure, chat, phone book, power off.



IMEI can be viewed in the shutdown interface

USER GUIDE

4. FUNCTIONS

ENGAGING THE ALARM

The alarm can be triggered by pressing the primary button ③ once for ~3 seconds. With a valid subscription, the alarm will be received by nearby users, the people specified on the profile page, the guardian, and the central operator.

INITIATING BLOOD PRESSURE MONITORING

Briefly press the primary button ③ and scroll through the menu until the pulsating heart icon appears. Wait until the ST2-Watch completes its scan. The results will then be displayed, accompanied by a light vibration. The values will appear as described in section 2.

INITIATING AND RECEIVING PHONE CALLS

Briefly press the primary button ③ and scroll through the menu until the name corresponding to the phone number saved in the phonebook appears. Press and hold the primary button to initiate a call. The call can be ended by briefly pressing the primary button. Incoming calls are signaled by audible ringing and slight vibration. To take the call, briefly press the primary button.

TURNING OFF THE WATCH

Briefly press the primary button ③ and scroll through the menu until the OFF option appears. Press and hold the primary button.

5. CHARGING

Slide the USB end of the charger cable into the adapter and attach the other end to the charger points ⑤ on the back of the Watch.

The cable will automatically snap to the right position due to its bipolar magnetic end. After connecting both ends, plug the adapter into the power supply.

If the ST2-Watch is turned on while it is being charged, lay it on its face, and make sure no object is placed onto the blood pressure sensor ⑥ and nothing covers the backing.

Beware of the accidental press of the main button ③ to avoid false alerts!

6. EVERYDAY USE

The device is dust-, droplet-, and water-resistant, but underwater use and exposure to strong jets of water are strongly advised against.

In order to achieve proper measurements, fasten the strap of the ST2-Watch tightly. The strap should not cause discomfort, but should maintain constant contact with the skin.

For a reliable data connection, the ST2-Watch may periodically restart itself. This is signaled by a slight vibration and the screen turning on.

Before taking off the ST2-Watch, be sure to turn it off as described in section 5.

7. WARRANTY

The factory warranty is valid for 12 months under proper use and with proof of purchase.

The product is not to be disposed of as household waste!

