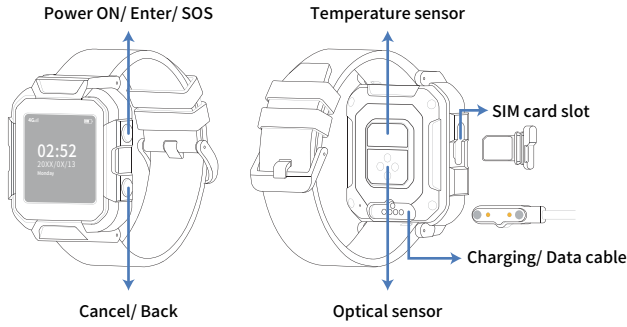


User manual of MT4 Smart Watch

Please read the user manual carefully before use for proper installation and quick use. The product color, interface layout, and functionality are subject to the actual product.



1. Preparation before use

1. Check whether the device model is correct and whether the accessories are complete.
2. Prepare a Nano SIM card that supports the 4G network. This card should not be bound to any other IMEI or mobile communication device, and it should not be a dedicated card or a contract card.
- For specific details, please refer to the advice of the SIM card supplier.
3. The SIM card needs to have the PIN code removed and should have SMS, call, GPRS, and caller ID functions activated.
4. Please turn off the device before inserting the SIM card. If you insert the SIM card while the device is switch on, please restart the device after inserting the card.
5. Please use the original 2pin charging cable and the original power adapter (Optional) to charge the device. Do not use a fast-charging power adapter, as it may damage the battery. If you purchase a power adapter on your own, it should support a nominal voltage of 5VDC/1A and have obtained mandatory safety certification. If the power adapter you provide does not meet the mandatory safety certification requirements or exceeds the nominal parameters, there may be safety risks such as fire, electric leakage, and explosion. Any damage to the device caused by this will not be covered by the warranty.
6. Install the APP on the mobile phone or access the backend server.
- For details, please consult your dealer.

2. Power ON/ OFF and restart

1. Power ON

Long press the upper button (power ON/ confirm/ SOS) to turn it on.

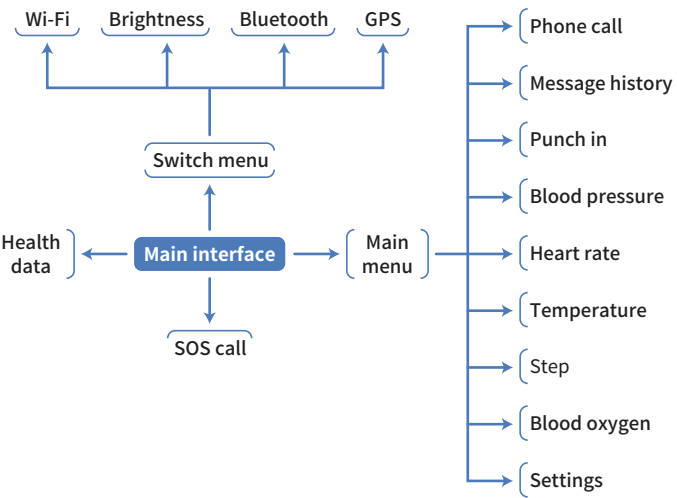
2. Shutdown

Method 1: Swipe left to enter the main menu, select 'Settings', choose the shutdown option, and confirm shutdown;
Method 2: Remote shutdown can be achieved by issuing instructions through the backend server.

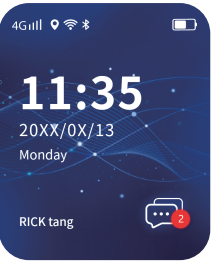
3.Restart

Method 1: If a SIM card is already inserted, swipe left to enter the main menu, select 'Settings', choose the restart option, and confirm the restart;
Method 2: If the SIM card has not been inserted yet, long press the upper button (power ON/ confirm/ SOS) to restart the device;
Method 3: Remote restart can be achieved by issuing instructions through the backend server.

3. Menu

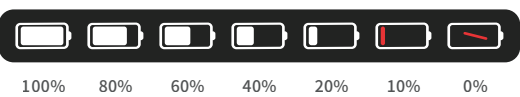


4. Main interface

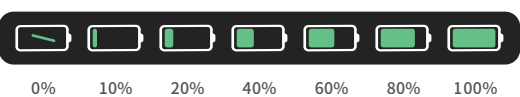


The icon indicates the status of the device and its connection to the backend server. Please refer to the following table for specific instructions:

Remaining battery icon



Charging power icon



Network and signal level icon



Backend server connection status icon



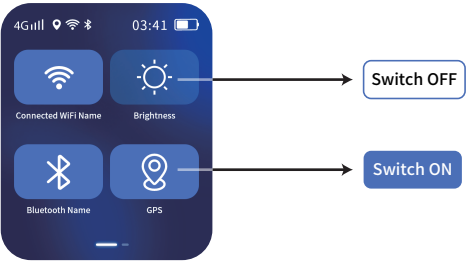
Number of unread new messages



Network connection status icon



5. Switch menu



Swipe down the screen to enter the switch menu

which includes four switches:
Wi-Fi, screen display brightness, Bluetooth and GPS.

The light blue background of the switch indicates on, and the dark blue background indicates off.

- Click the icon to turn ON/ OFF the switch.
- long press the switch to enter the specific configuration menu.

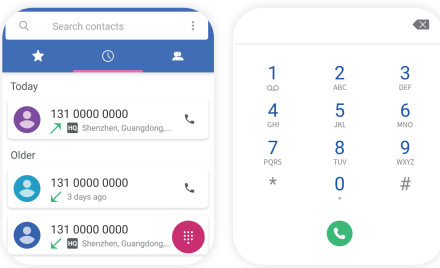
6. Main menu

Swipe left to enter the main menu, which includes the following functions:



Phone function

The function includes a dial pad, incoming calls, and call records, allowing the wearer to make and receive calls.



Message history function

The device shows message list includes multimedia messages such as SMS , voice messages, image and text messages.

Choose one to view its complete information and play multimedia messages.



Check in function

The device displays IMEI and QR code for scanning.

The barcode scanner scans the QR code to check-in the device.



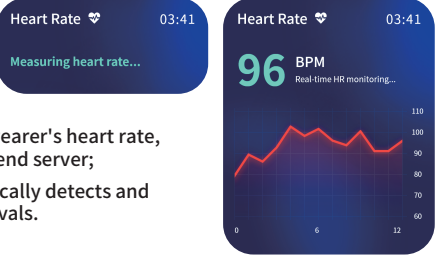
Blood pressure function

The device detects the wearer's blood pressure, and uploads to the backend server;
The device will automatically detects and uploads data at set intervals.



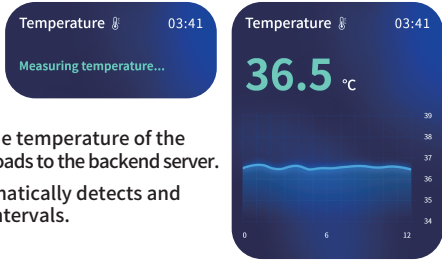
Heart rate function

The device detects the wearer's heart rate, and uploads to the backend server;
The device will automatically detects and uploads data at set intervals.



Temperature monitoring function

The device detects the temperature of the wearer's wrist and uploads to the backend server. The device will automatically detects and uploads data at set intervals.



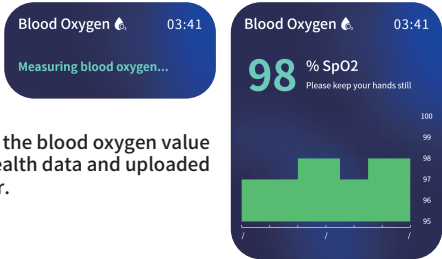
Pedometer function

The device detects and records the wearer's steps and uploads them to the backend server.



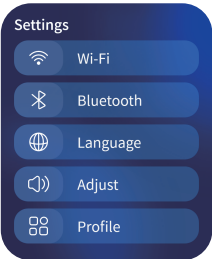
Blood oxygen

The device estimates the blood oxygen value based on detected health data and uploaded to the backend server.



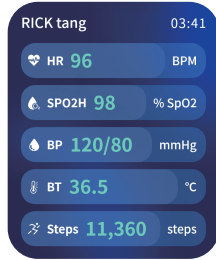
Settings

Set up more device settings functions.



7. Health data

Swipe right the screen to enter the health data display function, which displays the last health data.



- Please check more health data in the backend server.

8. SOS Call

Quickly press the upper button (power ON/ confirm/ SOS) for three times, the device will dial the preset SOS number and upload SOS alarm data to the backend server.



If the SOS number has not been set, the device will display "No SOS number,Setup now".

If there are more than one SOS numbers, the device will dial all SOS numbers in sequence until the call is answered or the wearer presses the back/ cancel button to cancel the SOS call.

9. Settings




The settings menu includes the following functions:

Wi-Fi	Set Wi-Fi connection parameters
Bluetooth	Set BLE parameters, search for devices and pair them
Language	Set interface language and time zone

Adjust	Adjust device volume
Profile	Adjust the ringing/ vibration mode
Theme setting	Display theme settings
Brightness	Brightness adjustment
Date/Time	Set date/time
Restart	Restart and restore factory settings
Power OFF	Power OFF the device
Upgrade	Remote firmware upgrade
QR Code	Display device IMEI number and corresponding QR code
About	Display device model, firmware version, and IMEI number

10. Troubleshooting

If the device cannot connect to the server , and if the main interface displays an icon like  to indicate that the device is not connected to the backend server.

Please check:

- 1) Check if the frequency band of the SIM card in the device matches the device frequency band. Please contact the SIM card supplier for the SIM card frequency band;
- 2) Whether the SIM card in the device has enabled data traffic, whether there is balance, whether there is IMEI lock, or whether the PIN code has been cancelled;
- 3) Configure APN through SMS, Wi Fi, or Bluetooth. Please contact the SIM card supplier for APN parameters;
- 4) Try sending an SMS message to check device parameters, or making a phone call to confirm if the SIM card is working properly.

11. Safety, operation and support

Warning

When using the device, please comply with the laws and regulations in your area. Not following these safety instructions may result in fire, electric shock, injury, or damage to equipment or other property. Before using the device, please read all the security information below.

Operation

The device contains highly sensitive electronic components, which can be damaged by dropping, burning, puncturing, or crushing. Do not use damaged devices, such as cracked screens, obvious water ingress, or damaged watch straps, as they may cause injury. Avoid prolonged exposure to sand and dust.

Phone call

The calling function requires a SIM card that supports calling. Do not use the call function while performing other activities that require full attention.

Repair

Do not open the device and attempt to repair it yourself. Dismantling the equipment may cause damage, render it no longer waterproof, and may result in injury to you. If the device is damaged or malfunctioning, please contact the dealer or their authorized service provider.

Battery

Do not attempt to replace the built-in battery of the device by yourself. You may damage the battery, causing overheating and personal injury. The maintenance service of lithium-ion batteries in the equipment should only be provided by dealers or their authorized service providers. Please keep the device powered on at all times. If the device is not used for a long time, please charge it to at least 80% before storing it, and charge it every 2-3 months to avoid battery damage caused by depletion. Batteries must be recycled or disposed of separately and cannot be mixed with household waste. Do not burn the battery.

Distraction

In certain situations, using devices can distract your attention and may pose a danger. Please comply with the relevant regulations prohibiting or restricting the use of mobile phones (such as avoiding texting while driving and using dialing functions).

Tracking

This application relies on data services. These data service signals are subject to change at any time and may not be available in all areas, so the positioning information provided in some locations with poor signals may be unavailable, inaccurate, or untimely.